



<b>POLICY TITLE</b>	<b>Vision Therapy</b>		
<b>CATEGORY</b>	Medical Optometry	<b>POLICY ID NUMBER</b>	100_NYS
<b>AUTHOR DATE</b>	01/01/2023	<b>LAST REVIEW DATE</b>	
<b>EXCLUSIONS</b>	<b>Applicable to Government Programs in New York State only.</b>		

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**Applicable Codes:**

**92065** – Orthoptic training; performed by a physician or other qualified healthcare professional (e.g., Optometrist

*Indication and Limitations<sup>1</sup>*

- Licensed optometrist prescribed in the treatment of symptomatic convergence insufficiency (may be performed by licensed optometrist or other qualified healthcare professional).
- The primary eye care practitioner must provide the services and submit comprehensive eye examination notes including standardized test results and treatment plan clearly stating:
  - Duration of treatment
  - Frequency of visits
  - Specific therapy activities supervised in office and prescribed for patient to conduct at home
  - Goal and anticipated outcomes of treatment
  - Progress
- Maximum time period of Treatment Plan approval is six (6) months
- Maximum 12 visits per calendar year

*Supporting Diagnoses*

F80.0 – F80.82	Phonological disorder – Social pragmatic communication disorder
F81.81	Disorder of written expression
F81.9	Developmental disorder of scholastic skills, unspecified
F84.0	Autistic disorder
F89	Unspecified disorder of psychological development

<sup>1</sup> Provider attests at time of request submission that provider signed documentation across the full timeframe of treatment rendered (chart, procedures, order, testing interpretation) supports all indications and limitations for service based on this policy and industry billing guidance.

H49.00 – H49.43	Third [oculomotor] nerve palsy – Progressive external ophthalmoplegia
H50.011 – H50.042	Monocular esotropia – Monocular esotropia with other noncomitancies
H50.05 – H50.08	Alternating esotropia – Alternating esotropia with other noncomitancies
H50.111 – H50.142	Monocular exotropia – Monocular exotropia with other noncomitancies
H50.15 – H50.18	Alternating exotropia – Alternating exotropia with other noncomitancies
H50.311 – H50.43	Intermittent monocular esotropia – Accomodative component in esotropia
H50.51 – H50.55	Esophoria – Alternating heterophoria
H50.611 – H50.612	Brown's sheath syndrome
H50.811 – H50.812	Duane's syndrome
H51.11 – H51.12	Convergence insufficiency - Convergence excess
H52.511 – H52.539	Internal ophthalmoplegia (complete) (total) – Spasm of accommodation
H53.011 – H53.039	Deprivation amblyopia – Strabismic amblyopia
H53.10	Unspecified subjective visual disturbances
H53.121 – H53.16	Transient visual loss – Psychophysical visual disturbances
H53.2 – H53.34	Diplopia – Suppression of binocular vision
H55.01 – H55.03	Congenital nystagmus – Visual deprivation nystagmus
H55.81	Saccadic eye movements
H93.25	Central auditory processing disorder
R48.0	Dyslexia and alexia
R48.3	Visual agnosia
R94.113	Abnormal oculomotor study

## References<sup>2</sup>

American Academy of Ophthalmology, Convergence Insufficiency. July 14, 2022.

New York State Medicaid Program, Vision Care Manual, Policy Guidelines, Orthoptic Training. September 2013.

## Review and Approval Change Log

July 2022 Medical Surgical policy drafted

July 2023 Scope limited to NYS medical surgical prior authorization requirement.

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<sup>2</sup> Retrieved electronically July 2023